



BENEFIT CONTACT LIST

cvabenefits.com **A digital copy of this list is available on the Benefits website under CONTACT.*

Benefit	Company	Administrator	Contact Person	Phone	Website or Contact
Health Insurance	Wellmark	Associated Benefits Company (ABC)	ABC	800.747.4421	wellmark.com
Prescriptions	CVS Caremark	Associated Benefits Company (ABC)	ABC	800.747.4421	caremark.com
Health Network	Wellmark	Associated Benefits Company (ABC)	ABC	800.747.4421	wellmark.com
Precertification Authorization	Wellmark	Associated Benefits Company (ABC)	ABC	800.747.4421	wellmark.com
Dental Insurance	Delta Dental of Iowa	Associated Benefits Company (ABC)	ABC	800.747.4421	deltadentalia.com
COBRA	Wellmark	Associated Benefits Company (ABC)	Ami Ustrud	800.747.4421 ext. 215	associatedbenefits.com
Vision Insurance	VSP	Associated Benefits Company (ABC)	ABC	800.747.4421	vsp.com
Health Savings Account (HSA)	HSA Bank	Webster Bank, NA	HSA Call Center	800.357.6246	hsabank.com
Flex Spending Account (FSA)	Associated Benefits Company (ABC)	Associated Benefits Company (ABC)	Deb Rees	800.747.4421 ext. 210	associatedbenefits.com
Wellness Plan	Wellmark	CVA Human Resources Department	Julie Harrison	785.738.0763	wellness@cvacoop.com
Life Insurance	The Standard	Associated Benefits Company (ABC)	Deb Rees	800.747.4421 ext. 210	standard.com
Short Term Disability	The Standard	CVA Human Resources Department	Julie Harrison	785.738.0763	julie.harrison@cvacoop.com
Long Term Disability	The Standard	Associated Benefits Company (ABC)	Deb Rees	800.747.4421 ext. 210	standard.com
Accident & Critical Illness	Sun Life	Avant	Avant Call Center	844.806.9124	sunlife.com

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Cancer	Sun Life	Avant	Avant Call Center	844.806.9124	sunlife.com
Universal Life	Trustmark	Avant	Trustmark Call Center	800.918.8877	trustmarksolutions.com
Benefit Enrollment Center	Avant	Avant	Avant Call Center	844.806.9124	selerix
Employee Assistance Program	Best Care EAP	Best Care EAP	EAP Call Center	402.354.8000 or 800.801.4182	bestcareeap.org
401(k) Plan	Milliman	Milliman	Milliman Call Center	888.708.6988	millimanbenefits.com
Co-op Retirement - UBG	United Benefits Group (UBG)	United Benefits Group (UBG)	Karel Batres	800.816.5535 ext. 324	ubgretire.com
Co-op Retirement - ABC	Associated Benefits Company (ABC)	Associated Benefits Company (ABC)	Joann Weuve	800.747.4421	associatedbenefits.com
Long Term Care Insurance	Mutual of Omaha	Mutual of Omaha	Craig Reiser	402.379.6745	mutualofomaha.com
Four Points Credit Union	Four Points Credit Union	Four Points Credit Union	FPCU Call Center	800.323.2786	fourpointsfcu.org
Uniforms	Embroidery Connection	Embroidery Connection	Kyle Smith	402.721.6686	cvauniform.com
Worker's Comp	Nationwide Agribusiness	CVA Risk Management Department	Rick Smithpeter	402.990.6373	rick.smithpeter@cvacoop.com
Paid Time Off (PTO)	ADP	CVA Payroll Department	Nanci Miller	402.362.8490	nanci.miller@cvacoop.com
Timecards	ADP	CVA Payroll Department	Nanci Miller	402.362.8490	nanci.miller@cvacoop.com
Payroll	ADP	CVA Payroll Department	Diana Heath	402.362.8468	diana.heath@cvacoop.com
LMS (Employee Online Learning)	LMS	CVA Safety Department	Aurora Hancock	512.944.8778	http://training.cvacoop.com
Marriage/Divorce			Chelsea Hake	785.738.0718	catie.mellies@cvacoop.com
Birth			Chelsea Hake	785.738.0718	catie.mellies@cvacoop.com
Loss of Coverage			Chelsea Hake	785.738.0718	catie.mellies@cvacoop.com
Benefit Changes			Chelsea Hake	785.738.0718	catie.mellies@cvacoop.com
Beneficiary Changes			Chelsea Hake	785.738.0718	catie.mellies@cvacoop.com

QUESTIONS?

Contact Human Resources.

Tim Esser, Director of Talent:	402.362.8464	tim.esser@cvacoop.com
Chad Carlson, Senior VP of Talent	402.362.8462	chad.carlson@cvacoop.com
Julie Harrison, VP Human Resources:	785.738.0763	julie.harrison@cvacoop.com
Chelsea Hake, Benefit Specialist:	785.738.0718	chelsea.hake@cvacoop.com
Colby Vesely, Talent Specialist:	402.362-8456	colby.vesely@cvacoop.com
Angela Bessmer, Recruiting Specialist:	402.843.2416 ext 3051	angela.besmmmer@cvacoop.com
Paula Newlin, Global Recruitment Manager:	785.738.0794	paula.newlin@cvacoop.com
Bethany Gilley, Recruiting Coordinator:	785.738.0701	bethany.gilley@cvacoop.com

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